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TV SAFE ROUTES TO SCHOOL

1150 W State St Boise ID 83702

Spring, 2016

walkitbikeit.org

TREASURE VALLEY SAFE ROUTES TO SCHOOL PROGRAM **FEBRUARY 29, 2016**

DRIVERS ED TEST: Important Changes

Big changes for Idaho state drivers tests to address the importance of driving safely among bicyclists and pedestrians. These changes are gaining national attention. Bicycling.com outlined some history and the resulting changes in an article from Dec. 29th, 2015. Caitlin Giddings starts here with the story of Max. Following her segment click the link or the full story.

After a five-year-old boy on a bike was hit and dragged by a car in September, the Idaho Department of Transportation decided to add more bicycle questions to the testing process. The young cyclist is now home from the hospital, but his horrible crash is effecting lasting change for bike advocacy and motorist education.

While bicycle questions were always a part of the general question pool, previously it was possible to get a test that didn't include them. Now all Idaho drivers' tests will include at least one bicycle question.

This is great news for cyclists in the Gem State. After all, if more motorists are aware of the existence of cyclists in the road and the legal need to share space with them, they'll be less likely to cause a crash—or get away with feigning ignorance and blamelessness in the event one happens.

Here are a few questions composed from tidbits in Idaho's driver manual:

What is the minimum passing space that motorists should leave when passing a bicyclist? *(3 feet)*

How many feet should cyclists ride from the edge of pavement to avoid accumulated edge debris? *(3 feet)*

Does a cyclist need to come to a stop at a stop sign? *(No, as long as they yield the right-of-way to vehicles in or already at the intersection, and then proceed with caution through the intersection.)*

What can a cyclist do at a red light in Idaho that's rarely legal elsewhere? *(Proceed with caution through the red light after stopping and yielding the right of way to vehicles already in the intersection.) — Dec. 29th,* Bicycling.com

For more information, please visit: http://www.bicycling.com/news/advocacy/idaho-adds-bicycle-questions-to-driving-tests

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ENJOY THIS ISSUE?

Feel free to share this newsletter with anyone who you think may find it useful.

QUESTIONS, COMMENTS, IDEAS?

Contact the editors at

lisa.brady@ymcatvidaho.org

Neal.kaufman@ymcatvidaho.org

Marcus.orton@ymcatvidaho.org

BRIDGING THE FUNDING GAP FOR HEALTHY PROGRAMS

Often we are asked about funding projects at local schools such as: pathways, equipment, healthy programs, healthy food options. We were fortunate enough to find "Active School Fundraising"- sponsored by the National Safe Routes to School Program, national PTA, and Kaiser Permanente.

Active School Fundraising is a healthier, more active way to fundraise for your school, club or after-school program through walks, runs and other fun physical activity challenges.

There is no startup fee or selection process – any group with a tax ID number can raise funds using this online program.

Your group keeps 75% of online funds raised and 100% of your onsite fees. There are no additional charges. Plus, they provide special discounts with equipment, sports, and curriculum vendors to help your fundraising dollars go even farther!

Active Schools Fundraising online teams can be added to existing events such as walk-a-thon and fun runs. Or you can create your own activities and challenges. Please follow the link below for more information.
http://www.activeschoolsfundraising.org/

SAFER ROUTE FOR LOWELL SCOTT MIDDLE STUDENTS

ACHD wraps up a long term circulation update. The open house during September of 2013 promised a safe alternative for students. Fast forward to Oct. 2015 and the work is nearly complete. The ACHD open house presentation stated, "During the design of the Eagle Road and McMillan Road intersection project concerns were expressed about the future intersection improvements in relation to school pedestrian traffic.

ACHD evaluated school bus, staff and parent circulation data to determine what could be done to increase safety and efficiency during school drop off and pick up times.

Relocate the pedestrian beacon approximately 90 feet to the east Moving the pedestrian beacon away from the driveways at Albertsons and Lowell Scott Middle School improves visibility of pedestrians." Check out the full plan, updates and other ACHD projects. https://www.achdidaho.org/projects/

TAKE ADVANTAGE OF EDUCATIONAL ENCOURAGEMENT ACTIVITIES

What we offer:

- Incentives for walk to school days (including International Walk to School Day, Walk 'n Roll Wednesdays, etc.)
- Safety Booth for events like carnivals and health fairs, including giveaways, educational material and interactive bike wheel game.
- In-Class Safety Presentations tailored to the specific grade level of your choosing.
- Bike Rodeos—hands-on bike clinic with 5 stations. Ideal for 3rd—4th graders.
- Bike Repair Classes—learn basic bike tune-up skills from local bike mechanics. Ideal for 5th—9th graders.
- Helmet-fittings—a helmet is only as good as its fit. We teach proper fit and give tips on how to recognize the right fit. Contact us to check for free helmet availability.

GRANTS BRING NEW TRACK TO LEWIS AND CLARK

Idaho Press Tribune, ALX GEORGE– Feb. 10th, 2016

Lewis and Clark Elementary School is on track to increase active learning.

St. Luke's presented Leigh Peebles, principal of the school, with a $15,000 check Wednesday to cover the costs of building a track there.

The school will break ground in late spring, and the track is expected to be completed in the summer for students and staff to begin using this fall. The check from St. Luke's and a $1,000 grant from Blue Cross will completely cover the cost of building the track.

Peebles said the goal was to show Lewis and Clark Elementary School students the fun and benefits of being physically healthy and practicing active learning, being engaged with physical activity and their studies.

Peebles said Lewis and Clark Elementary School is not the first school to receive grant money from St. Luke's to build a track, but it is the school that has been given the most money to see the project through.

St. Luke's donated the $15,000 to Lewis and Clark Elementary because the school demonstrated a financial need and the intentions to increase physical activity. The school demonstrated a culture that would support the track.

Last fall, Lewis and Clark Elementary School participated in a COMPASS study looking at how many students walked or rode bicycles to or from school. On national Walk To School Day, 280 students walked or rode bikes to or from school, according to Peebles. COMPASS' study showed that 182 kids walk or ride bikes regularly. Peebles said this shows students have the capability to walk or ride more often.

Peebles hopes the entire community will benefit from the track. When students participated in Walk To School Day, Peebles noticed the whole neighborhood got involved; families walked with their kids to and from school.

"Families reiterate the point this is a family and community school," Peebles said. "When we do something active, it impacts not just the kids but their families, too."

Complete article:
http://www.idahopress.com/members/lewis-and-clark-elementary-school-receives-grant-for-track/article_b572e405-457e-5111-b90a-a4c4381c00f1.html